



VIDYA VENKAT
TRANSFORMATIONAL COACH +



EXECUTIVE COACHING SESSIONS



Executive Coaching

Analysing your leaders' mindset and enabling them to change creates a better workplace culture as there is top bottom approach to team cohesion and greater efficiency.

Provide 1 to 1 guidance to your leaders to understand their challenges and transform their mindset to align with management goals and team cohesion.

Initial Analysis

- One hour with each leader
- Provide objective view of their challenges

Review

- Detailed individual report
- Reviewed with management to determine best program for each leader

Sessions

- 1 hour session twice a month with each leader
- Goals and objectives defined and measured





Pricing & Duration

Initial Analysis & Report

AED 1000
per person
Duration
1 hour

Sessions

AED 1000 per
person
Duration
1 hour

ABOUT VIDYA VENKAT

Transformational Coach



DEGREES

- ① Rapid Transformation Technique Practitioner (RTT)
- ② Narcissistic Abuse & Trauma Informed Coach (1st in Region)
- ③ Brainspotting Practitioner (1st in Region)
- ④ MBA from Hult International Business School (Distinction)
- ⑤ Certified Management Accountant (CMA)
- ⑥ Bachelors in Commerce (B Com)



ACHIEVEMENTS

- ✦ TV show & radio show guest
- ✦ Passionate, open-minded, unbiased transformational coach trained in leading person centric sessions.
- ✦ Accomplished and highly effective leader adept at talent development and leveraging resources to achieve optimal results.
- ✦ Developed and trained cross functional multinational teams of 300+



Vidya, a transformational coach with 20+ years of experience, an avid believer of "I can". As a goal-driver, she hated losing and failing, but the personality trait came with its consequences. One was where you excel in any given area, but the flip side was you stop taking care of yourself and this has a ripple effect on your health, family, career and money. She struggled from chronic illness that includes physical pain, depression, parenting, money and weight issues.

The journey from "I can't, to I can" is what she needed to regain the balance. So, now she helps others to overcome challenges and achieve the transformation she achieved to lead a happy, contented and successful life.

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