



VIDYA VENKAT
TRANSFORMATIONAL COACH +



Communication and Conflict Management



Communication & Conflict Management

You can create a dynamic, positive environment, leading to better business outcomes when your team identifies their communication styles and learn to work with others having different communication styles. Hands on activities makes the learning fun and engaging.



Identify Communication Style

- Assertive
- Aggressive
- Passive
- Passive-aggressive
- Manipulative

Learn to work with other styles

- Scenarios discussed
- Role playing

Mindset change to resolve conflict

- Techniques to remove conflict with others
- Reprogram mind to work with each other in healthy and effective way



Pricing & Duration

Pricing
AED 3500

Duration
2 hours

Participants
20 - 35



ABOUT VIDYA VENKAT

Transformational Coach



DEGREES

- ① Rapid Transformation Technique Practitioner (RTT)
- ② Narcissistic Abuse & Trauma Informed Coach (1st in Region)
- ③ Brainspotting Practitioner (1st in Region)
- ④ MBA from Hult International Business School (Distinction)
- ⑤ Certified Management Accountant (CMA)
- ⑥ Bachelors in Commerce (B Com)

ACHIEVEMENTS

- ✦ TV show & radio show guest
- ✦ Passionate, open-minded, unbiased transformational coach trained in leading person centric sessions.
- ✦ Accomplished and highly effective leader adept at talent development and leveraging resources to achieve optimal results.
- ✦ Developed and trained cross functional multinational teams of 300+



Vidya, a transformational coach with 20+ years of experience, an avid believer of "I can". As a goal-driver, she hated losing and failing, but the personality trait came with its consequences. One was where you excel in any given area, but the flip side was you stop taking care of yourself and this has a ripple effect on your health, family, career and money. She struggled from chronic illness that includes physical pain, depression, parenting, money and weight issues.

The journey from "I can't, to I can" is what she needed to regain the balance. So, now she helps others to overcome challenges and achieve the transformation she achieved to lead a happy, contented and successful life.